

Memphis TGA Ryan White Part A & MAI Medical Nutrition Therapy Standards of Care

PURPOSE

The purpose of the Ryan White Part A and MAI Standards of Care is to ensure that uniformity of service exists in the Memphis Transitional Grant Area (TGA) such that the consumers of a service receive the same quality of service regardless of where or by whom the service is provided. Standards will be used as contract requirements, in program monitoring, and in quality management. If an agency is unable to meet a particular standard, the agency must document why the standard was unable to be met and explain the steps it is taking to meet that standard.

DEFINITION

Medical Nutrition Therapy is provided by a licensed and registered dietitian outside of a primary care visit and includes the provision of nutritional supplements. Medical Nutrition Therapy (MNT) is defined as “nutritional diagnostic, therapy, and counseling services for the purpose of disease management which are furnished by a Registered Dietitian or nutritional professional” (source Medicare MNT legislation, 2000). MNT is a specific application of the Nutrition Care Process in clinical settings focused on the management of diseases. MNT involves in-depth and individualized nutrition assessment, and a duration and frequency of care using the Nutrition Care Process to manage disease.

Per Ryan White HIV/AIDS Program Services: Eligible Individuals and Allowable Uses of Funds Policy Clarification Notice #16-02

“Medical Nutrition Therapy includes:

- Nutrition assessment and screening
- Dietary/nutritional evaluation
- Food and/or nutritional supplements per medical provider’s recommendation
- Nutrition education and/or counseling”

All services performed under this service category must be pursuant to a medical provider’s referral and based on a nutritional plan developed by the registered dietitian or other licensed nutrition professional. Service not provided by a registered/licensed dietitian should be considered Psychosocial Support Services under the RWHAP.

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STANDARDS DEVELOPMENT PROCESS

These standards were developed through background research on standards of care, a review of existing standards from other Ryan White Part A Eligible Metropolitan Areas (EMA) and TGAs, input of primary care providers, meetings of the Evaluation and Assessment Committee of the Memphis TGA Ryan White Planning Council, local providers of MNT, and meetings with the Ryan White Part A Grantee.

APPLICATION OF STANDARDS

These standards apply to any agency receiving Part A funds to provide Medical Nutrition Therapy services. These funded agencies must evaluate for need for Medical Nutrition Therapy, and facilitate appropriate referrals, and provide Medical Nutrition Therapy according to DHHS guidelines for medical care and adhere to The Academy of Nutrition and Dietetics (AND) Standards of Professional Practice. Nutrition Education providers must adhere to education guidelines provided by The Academy of Nutrition and Dietetics and/or any other credentialed professional organizations.

Standard	Measure/Method
I. Program Staff	
A. Medical Nutrition Therapy staff is trained and knowledgeable about primary care, HIV/AIDS disease and treatment, and available resources that promote the continuity of client care. They are trained and knowledgeable about multi-disciplinary medical care practice, DHHS guidelines for medical care, and The Academy of Nutrition and Dietetics Standards of Professional Practice.	<ul style="list-style-type: none"> Resume in personnel file Credential verification in personnel file Training records

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Standard	Measure/Method
B. Medical Nutrition Therapy staff are licensed/ certified to practice within their concentrated area consistent with city, county, state and federal law, and the Academy of Nutrition and Dietetics' Commission on Dietetic Registration.	<ul style="list-style-type: none"> Personnel record verification
C. Medical Nutrition Therapy staff receive supervision, training and continuing education as required by the AND's Commission on Dietetic Registration.	<ul style="list-style-type: none"> Documentation within personnel and training records
D. Medical Nutrition Therapy staff has a clear understanding of their job description and responsibilities as well as agency policies and procedures.	<ul style="list-style-type: none"> Written job descriptions that include roles and responsibilities Personnel records include signed statement from each staff member and supervisor confirming that the staff member has been informed of agency policies and procedures and commits to following them
E. All newly hired staff completes orientation training prior to providing client care.	<ul style="list-style-type: none"> Documentation in personnel records
Standard	Measure/Method
II. Access to Services	
A. See Universal Standards of Care for detailed information.	
III. Eligibility Determination/ Referral	
A. See Universal Standards of Care for detailed information	
B. Agencies providing Medical Nutrition Therapy will have written guidelines to generate referrals for this service in addition to direct consults from medical providers.	<ul style="list-style-type: none"> Policy and Procedure on file Documentation in client file

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Standard	Measure/Method
<p>IV. Assessment/ Treatment</p> <p>Clients will have a comprehensive initial intake and assessment by a qualified, licensed/registered dietitian. The Academy of Nutrition and Dietetics states nutrition professionals use ADIME format. I think all of these are important, but to be consistent with our governing body in nutrition, I suggest we state ADIME is needed in Initial Assessment and all progress notes thereafter.</p> <p style="padding-left: 40px;">A. The Nutrition Assessment should be completed in ADIME (assessment, diagnosis, intervention, and monitoring/evaluation) format, according to the Academy of Nutrition and Dietetics. The Nutrition Assessment should include, but is not limited to, the following:</p> <p>Assessment – Data pertinent to the patient, including nutrition-related History, anthropometric Measurements, biochemical data, nutrition-focused physical findings, client history and comparative standards.</p> <ul style="list-style-type: none"> • Food/nutrition-related history, such as knowledge, beliefs and attitudes and factors affecting access to food and food/nutrition-related supplies • Anthropometrics (weight, height and body mass index) • Biochemical data, medical tests and procedures such as lipid profile, fasting blood glucose, electrolytes, and complete blood count (if available) • Nutrition-focused physical findings • Client history <ul style="list-style-type: none"> ○ Patient, client and family medical/health history ○ Social history • Comparative standards. <p>Diagnosis - Based on the assessment data collected, a nutrition problem may be diagnosed. Causes and contributing factors are identified.</p> <p>Intervention - Based on the nutrition diagnosis, problems are addressed that aid in alleviation of the diagnosis’ signs and symptoms. Activities are constructed to enable the patient to work towards</p>	<ul style="list-style-type: none"> • Client medical chart

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Standard	Measure/Method
objectives set for them by themselves and their nutrition professional. Monitoring/Evaluation - Progress made on goals and/or expected outcomes is tracked to ensure that nutrition problems are being addressed; adjustments in the Intervention step are made according to progress.	
A. Referrals to Medical Nutrition Therapy Services should be provided as appropriate for health promotion.	<ul style="list-style-type: none"> • Client medical chart
V. Treatment Plan	
A. Providers of Medical Nutrition Therapy shall, in conjunction with the client, develop goals and interventions strategies to determine progress made in desired outcomes or nutrition care that will be reviewed and updated as conditions warrant.	<ul style="list-style-type: none"> • Client medical chart
VI. Service Coordination/ Referral	
A. See Universal Standards of Care for detailed information	<ul style="list-style-type: none"> • Policy on file
VII. Clients' Rights and Responsibilities	
A. See Universal Standards of Care for detailed information	<ul style="list-style-type: none"> • Policy on file

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